

ROBYN AND THE THREE SECRETS



Chapter 3

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After several days of sending Heartle in all directions, Dylan was starting to get the hang of sending heart sunshine. He looked a different boy from the boy Robyn had first met. The worry lines had gone from his forehead and his face was round and well.... it was difficult to describe.

Each journey they had been on, the rays of Heartle Dylan sent generated a glow in his heart that spread to his face. The warmth he felt towards nature, the dolphins, rabbits and humans landed where he sent it and each one in their minds said, 'Thank you.'" And even though they didn't know who Dylan was their 'thank yous' reached his heart and added to the glow he felt.



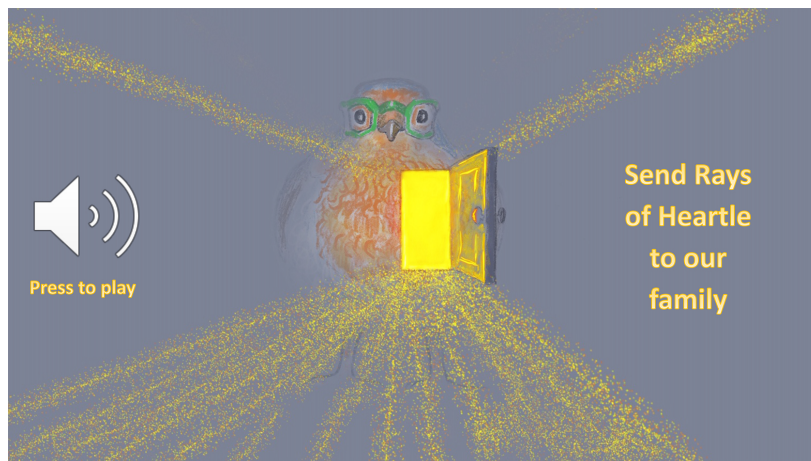
His Heartle power was getting stronger.

Sitting under the old oak tree with Robyn perched on his knee, he asked. "So where are we sending Heartle today?"

"I thought we'd send it to our families," said Robyn. "Ready?"

"I wonder how big Robyn's family is?" thought Dylan. "I'll have to ask her." Then rising above this thought he said, "Yes ready."

Play 'Sending Rays of Heartle' in slide show (audio recording)



Dylan looked at Robyn who was still sitting on his knee, her eyes closed. Suddenly she blinked and focused on him.

"So what are we going to do now?" he asked.

Robyn looking at Dylan saw the secret door to his heart wide open. Smiling she said, "I think you're ready for the Third Secret."

Dylan's eyes went big.

"The Third Secret is to see your Uplit," said Robyn.

"Uplit?" mouthed Dylan silently. He wondered how many more words Robyn had that he'd never heard of before. He was about to say 'what's that?' but thought better of it and waited for Robyn to explain.

"Uplit is the reason for living. It's the thing you do that lights you up, and it's different for each of us. It makes you feel so happy when you doing it. And when you use it to help others magic happens."

"What's my Uplit?" asked Dylan excitedly.

"Well, what lights you up Dylan?" asked Robyn.

Dylan paused for a moment. "Drawing and painting, I can't stop once I've started. Oh and watching the birds, I could sit there all day."

"And can you remember how you feel?" asked Robyn.

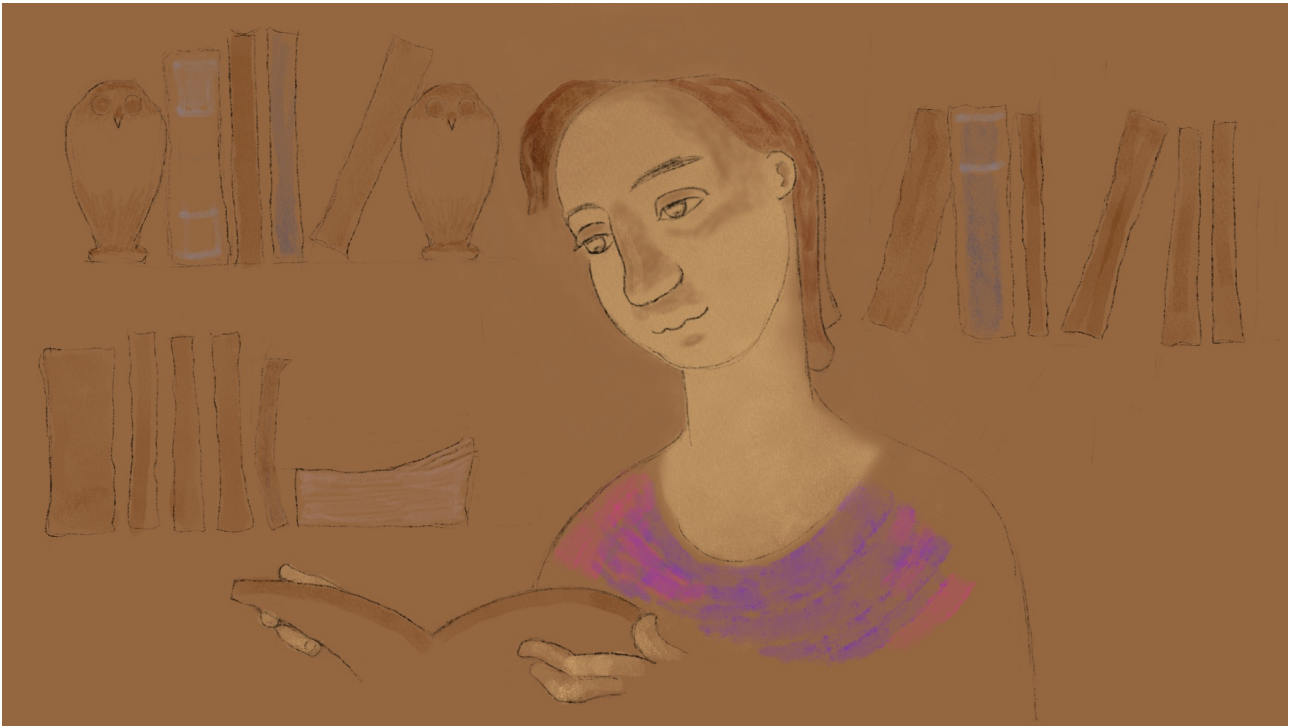
Dylan nodded, "Like nothing else matters."

Smiling Robyn said, "Well they're definitely Uplits. And you probably have more. For some people it's playing a sport, or making things. My dad loves baking, especially seed cake. But he makes it is because he enjoys us all being at home together. That's what really lights him up."

Dylan was glad Robyn had a family and was curious to know more. But Robyn continued, "Remember when we went back in time?"

Dylan nodded his head, "How could I forget," he said.

"Well", said Robyn. "Hannah's Uplit is reading and because the library was closed she just had to fill the old phone box with books. She wanted people to be able to read and enjoy them as much as she did."



"Sophie's Uplit is riding her bike but more than that she loves helping people so her mind worked in that way, that's why she pushed the chocolate bar through the letter box with the newspaper."

"Cooking is the Chef's Uplit and making sure people have good food to keep them healthy. That's why they worked round the clock making all those meals in the Palace kitchen."

"And the doctors and nurses. I'm sure you can see their Uplit. It's caring for people and making them better. That's how they were able to keep going without breaks and think of new ways to help people."

"Now when you use your Uplit to help others magic happens.... something changes in the world.

"Each person that uses their Uplit to help someone else, like Hannah and Sophie, starts off an invisible chain reaction and others join in. That's why so many people helped one another.

Imagine what would happen if everyone started using their Uplit to help one another, said Robyn. "All the problems in the world could be solved. The main problem is that people don't know what their Uplit is and they're not using it."

"I'm not using my Uplit to help anyone," said Dylan.

"Don't worry," said Robyn. "Carry on sending rays of Heartle and I'll come back and show you how you can use your Uplit to bring about a change in the world."

"Promise?" said Dylan.

"Yes," said Robyn.