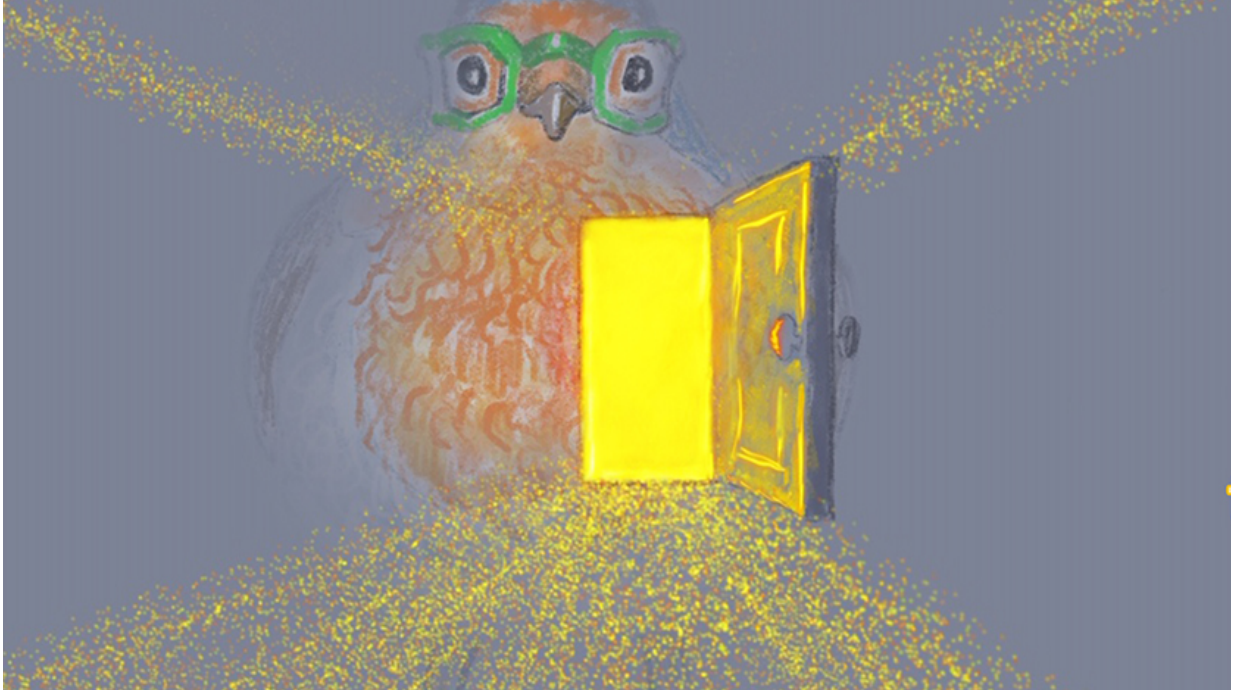


ROBYN AND THE



THREE SECRETS

Chapter 2

story by Julie Beacall
illustrations by Georgina Valentine
meditations by Wendy Marshall

Copyright Hope Mountain, Julie Beacall, Georgina Valentine, Wendy Marshall 2020

Free for classroom use.

Dylan gobbled his breakfast so fast the next morning. "What's the rush?" asked his mum. Everything that happened yesterday flashed in front of his eyes as he thought, "how can I tell her I spoke to a robin, who helped me rise above my thoughts, took me on a journey which felt like I was flying and showed me amazing things people have been doing!"

So instead he said, "I want to go and watch the birds, there's a robin I met yesterday and I want to see her again."

"That's nice," said his mum.

Dylan in his hurry pushed the chair back too fast, it squealed as it scraped the floor.

"Dylan!" shouted his mum as he ran out of the house.

Sitting leaning against the door again he waited. His heart was racing. "What if she doesn't come back?" His eyes searched the sky, then scanned one tree after another. But she was too fast for him. All he saw was a flash of red before she landed on his shoulder.

Turning his head to look at her he asked excitedly, "So what's heartle?"

"Good morning to you too," said Robyn.

"It's just I can't stop thinking about it," he said.

Robyn smiled, "It's the energy of the heart that comes out when the secret door is opened."

Dylan looked looked down at his chest, "What door?"

"Everyone's heart has a secret door that bursts opens when heartle is sent to others. Most of the time only little bits of love seep out. But when the door of your heart is flung open all love and caring comes gushing out. It's unstoppable. It's heart sunshine!"

"How do I open my secret door?" asked Dylan. "I want to send heartle".

"Well it's easy, I can show you," said Robyn with a smile. "And you don't have to travel anywhere. We can do it right here."

Dylan looked a bit disappointed. "I was hoping I could fly with you again," he said.

"This is better, believe me," said Robyn. "Wait till you feel heart sunshine, you won't want to stop. You can send it silently, just by thinking of someone. After yesterday you'll see you can do anything with your mind."

She flew off his shoulder down to his knee. "Ready to have a go?" And staring into his face she said, "Let's send it to the animals, they really need a lot of help now."

Dylan closed his eyes and listened to Robyn's voice as they started the journey in their minds together.

Play 'Sending Rays of Heartle' in slide show (audio recording)



Robyn stopped speaking and Dylan opened his eyes. "I was there, I could see the elephants!" he whispered. "Do you think they felt my heart sunshine?" he asked.

"I'm sure they did," said Robyn. It's a super power Dylan, it get stronger the more you use it."

I'll come back each day and we'll go on a heartle journey, not just to the animal kingdom but other places too because it's needed everywhere".

"So where are we going tomorrow?" he asked, " and what is the Third Secret?"

"Ah you'll have to wait and see", replied Robyn.

And with that she flew off.